

WEEKLY AVAILABILITY

SEMI-PRIVATE COACHING

MONDAY

6.00 am - LeanFit
7.00 am - LeanFit
8:00 am - LeanFit

TUESDAY

6.00 am - LeanFit
7.00 am - LeanFit
8:00 am - LeanFit
7.15 pm - LeanFit
8.30 pm - LeanFit

WEDNESDAY

6.00 am - LeanFit
7.00 am - LeanFit
8:00 am - LeanFit

THURSDAY

6.00 am - LeanFit
7.00 am - LeanFit
8:00 am - LeanFit
7.15 pm - LeanFit
8.30 pm - LeanFit

FRIDAY


6.00 am - LeanFit
7.00 am - LeanFit
8:00 am - LeanFit

SATURDAY

9:00 am - LeanFit
10.15 am - LeanFit

SUNDAY

10:15 am - OlyLift



COACH'S WEEKLY
AVAILABILITY
IS SUBJECT
TO CHANGE.